

Got Milk?

Equipment: Cones to designate activity area, 2-3 cow or milk erasers (small object), balls for the fitness experts.

Activity:

Make a large activity area in the shape of a square or rectangle. Choose 3-4 students to be the “Detectives”. The detectives begin a movement of their choice around the outside of the cones. The rest of the students place their hands in the middle of the circle. The teachers will place an eraser (small object) into the hands of 3-5 players. The detectives should not see who is given the erasers. After the erasers are placed in the hands, all the inside players will close their hands and pretending to have the eraser even if they don’t. The detectives will then enter the activity area. The detectives are the only people allowed to talk. They chase the students and when they tag someone, they ask the person “Got Milk?” The student is not allowed to respond by talking so they must either shake or nod their heads according to whether they have the eraser or not. If they have the eraser, they open their hand, giving the eraser to the detective. The detective will take it to the teacher. The game continues until the erasers are found. If they don’t have the eraser and get tagged, they must do 10 jumping jacks.